



FIGHT ACADEMY

Empowered by the Possibilities
Humbled by the Truth

Membership Fees

Introduction Class	Free	Pasadena:
Unlimited Classes	\$159 per month	61 Valley St
2 Classes per Week	\$139 per month	Pasadena, CA 91105
Kids Classes	\$139 per month	626 737-0442
Additional Family Member Discount	15%	

www.FightAcademyMMA.com

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Instructors	David Dunn Joseph Del Real Savant Young Jaime Yager Jay Villena	Savant Young Joseph Del Real Dustin Arkin Jay Villena	David Dunn Joseph Del Real Hurb Dean Jaime Yager Jay Villena	Savant Young Joseph Del Real Dustin Arkin Jay Villena	Savant Young Joseph Del Real Jaime Yager Dustin Arkin	Jay Villena Roy Felipo Joseph Del Real
10:00 AM	<u>Jiu-Jitsu</u> David	<u>MMA Fitness</u> Savant	<u>Jiu Jitsu</u> David	<u>MMA Fitness</u> Savant	<u>MMA Sparring</u> Savant	<u>MMA</u> Rotating Instructor
11:00 AM	<u>Muay Thai</u> Joseph	<u>Muay Thai</u> Joseph	<u>Muay Thai</u> Joseph	<u>Muay Thai</u> Joseph	<u>MMA Sparring</u> Savant	
12:00 PM	privates	privates	privates	privates	privates	<u>Kettlebells</u> Roy
1:00 PM	privates	privates	privates	privates	privates	<u>Muay Thai</u> Joseph
3:00 PM	privates	privates	privates	privates	privates	
4:30 PM	<u>Youth Kickbox (ages 4-7)</u> Jay	<u>Youth MMA (ages 4-7)</u> Dustin / Jay	<u>Youth Kickbox (ages 4-7)</u> Dave / Jay	<u>Youth Wrestle (ages 4-7)</u> Dustin / Jay	<u>Youth Wrestle (ages 4-7)</u> Dustin	
5:30 PM	<u>Youth Wrestle (ages 8-13)</u> Jaime / Jay	<u>Youth MMA (ages 8-13)</u> Dustin/Jay	<u>Youth MMA (ages 8-13)</u> Jaime / Jay	<u>Youth Kickbox (ages 8-13)</u> Dustin/Jay	<u>Youth MMA (ages 8-13)</u> Jaime / Dustin	
6:30 PM	<u>MMA</u> Savant <u>Muay Thai</u> Joseph	<u>No Gi Grappling</u> Savant <u>MMA</u> Savant	<u>Jiu Jitsu</u> David <u>Muay Thai</u> Joseph	<u>No Gi Grappling</u> Savant/David** <u>Muay Thai</u> Joseph	<u>MMA Sparring</u> Savant/Joseph <u>MMA Cage Work</u> Dustin	
7:30 PM	<u>Women's Kickbox</u> Jay <u>Muay Thai Continued</u> Joseph	<u>Women's Kickbox</u> Dustin <u>Grappling Sparring</u> Dustin	<u>MMA</u> Hurb <u>Muay Thai Continued</u> Joseph	<u>Women's Kickbox</u> Dustin <u>Grappling Sparring</u> Dustin		
8:00 PM	<u>Striking</u> Joseph	<u>Striking</u> Joseph	<u>Striking</u> Joseph	<u>Striking</u> Joseph		

Kids: 4-7 Years of Age / Juniors: 8-13 Years of Age / Adults: 14 and Over

Grappling Sparring is a grappling free train with an instructor to help and provide input and coaching

GYM CLOSED: Memorial Day / 4th of July / Labor Day / Thanksgiving (Thrs - Sun) / Christmas & Christmas Eve / New Years / No Instruction 12/26 to 12/31

**Savant and David rotate instruction on the Thursday 5:30pm class